October 2020

2% Milk is served everyday
Meats are all natural
All ingredients are served without added sugar
All raw vegetables are served with a variety of dips

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Southern Style Chicken Bites with Sweet Roll Organic Broccoli Grape Tomatoes	Mini Pepperoni Bagel Bites Organic Applesauce Organic Baby Carrots
5	6	7	8	9
Mozzarella Sticks with Marinara Organic Sweet Corn Grape Tomatoes	Mixed Greens Salad Cubed Ham Egg, Tomatoes, Celery, Cheese & Croutons with Ranch Dressing	All-Natural Beef Meatballs Quinoa Organic Green Beans	**BREAKFAST AS LUNCH** French Toast Sticks with Agave All-Natural Bacon Fresh Strawberries	Chicken Taquitos with Sour Cream Brown Rice Sweet Peppers
12	13	14	15	16
Mini Turkey & Cheese on Sweet Rolls Red Grapes Fresh Cucumbers	Sunflower Butter & Organic Jelly on Wheat Veggie Chips Organic Baby Carrots	Steak & Cheese Quesadillas with Sour Cream Organic Peas Fresh Sweet Peppers	Spaghetti with Organic Garlic Red Sauce Organic Sweet Corn Parmesan Bagel Chips	Chicken Nuggets Organic Broccoli Grape Tomatoes
19	20	21	22	23
Fish Sticks Organic Snap Peas Pretzels Cheese Cubes	All-Natural Beef Pot Roast With Gravy Mashed Potatoes Organic Sweet Corn	Turkey & Cheese Roll-ups with Spinach Veggie Chips Fresh Cucumbers	Homemade Mac & Cheese Organic Green Beans Grape Tomatoes	Mini Ham & Cheese on Sweet Rolls Organic Mixed Veggies Organic Baby Carrots
26	27	28	29	30
Organic Beef Hot Dogs on Bun Baked Chips Organic Baby Carrots	Popcorn Shrimp Tater Tots Organic Broccoli	Organic Stir Fry with Grilled Chicken Quinoa Fresh Orange Slices	Cheese Pizza Organic Baby Carrots Celery Sticks Organic Applesauce	**BREAKFAST AS LUNCH** Pumpkin Muffins Sausage Links Fresh Berries